

SHKOLLAT PËR SHËNDETIN

25
prill

Invitation



SALLA ABRET, HOTEL TIRANA

Një projekt i Agjencisë Zvicerane për
Zhvillim dhe Bashkëpunim SDC



Schweizerische Eidgenossenschaft
Confédération suisse
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Confederaziun svizra

Agjencia Zvicerane për Zhvillim
dhe bashkëpunim SDC

Zbatuar nga:



Save the Children



BACKGROUND

AS OF THE 1ST OF MARCH 2021, SAVE THE CHILDREN HAVE STARTED THE IMPLEMENTATION OF THE MAIN PHASE OF THE SWISS AGENCY FOR DEVELOPMENT AND COOPERATION (SDC) PROJECT:

“SHKOLLAT PËR SHËNDETIN”.

THE AIM OF THE PROJECT IS TO PROMOTE HEALTHY BEHAVIOURAL PRACTICES AND HEALTHY LIFESTYLE HABITS IN THE ALBANIAN POPULATION, WITH A PARTICULAR FOCUS ON SCHOOLCHILDREN (AGED 6-15 YEARS) IN ORDER TO CONTROL AND PREVENT EFFECTIVELY THE MAJOR RISK FACTORS FOR NCDS.

One of the main interventions of the project “Shkollat për Shëndetin” concerns the capacity building of key actors and beneficiaries through provision of training activities, peer-to-peer education, and continuous professional development. Hence, similar to the previous implementation years, the fourth implementation year of the project “Shkollat për Shëndetin” (covering the period March 2024 – February 2025) foresees a wide range of capacity building activities involving key agents of change at local level including individuals, groups of individuals, local civil society organizations (CSOs) and professionals and experts at local level.

In continuation of this project, we will organize one interactive workshop with representatives from civil society organizations (CSOs), individuals, and local-level professionals and experts, focusing on key topics related to healthy behaviors. The workshop will aim to enhance participants’ knowledge and capacities in areas such as nutrition, physical activity, mental health, hygiene, and sexual and reproductive health. It will also provide a platform for dialogue, collaboration, and the co-creation of culturally relevant awareness messages to be used in the upcoming community campaign. Enhance the knowledge and awareness of participants—including individuals, civil society organizations (CSOs), and local professionals—on key health-related topics such as nutrition, physical activity, mental health, and sexual and reproductive health.

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WORKSHOP AGENDA

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SALLA ABRET,
HOTEL TIRANA

08:30 – 09:00 **REGISTRATION OF PARTICIPANTS**

09:00 – 09:30 **WELCOMING AND OPENING THE WORKSHOP**

Ms. Anila Meco – Executive Director “Save the Children”

Ms. Mejvis Kola – General Director at Ministry of Health and Social Protection

Ms. Jeta Dede – General Director at the Health Care Services Operator

09:30 – 10:30 **HEALTHY NUTRITION AND PHYSICAL ACTIVITY**

Ms. Ediona Kola

10:30-11:30 **MENTAL HEALTH OF CHILDREN AND ADOLESCENTS**

Ms. Ediona Kola

11:30-12:00 **SEXUALLY TRANSMITTED INFECTIONS (STIs)**

Dr. Roland Bani

12:00-12:30 **LUNCH BREAK**

12:30 – 13:00 **CONTRACEPTION**

Dr. Roland Bani

13:00-13:30 **REPRODUCTIVE AND SEXUAL HEALTH**

Dr. Roland Bani

13:30-14:00 **DISCUSSIONS, TRAINING CLOSURE**

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